



### *What Our New Moms Need to Know*

*Welcome!* Wise Health System wants to ensure the safety and well-being of all our patients, newborn babies and their families during this unprecedented time. Our team has plans in place to provide the very best care for you and your baby.

- In accordance with new CDC and American College of Obstetricians and Gynecologists guidelines, we are sad that we must limit your visitors to **one** designated support person for the entire hospital stay. Upon admission to the unit, that person will receive a special wristband.
- To reduce unnecessary traffic to the hospital, all parent education classes and tours have been cancelled for the foreseeable future, we now offer online prenatal and newborn classes. Visit [WiseHealthSystem.com/labor](http://WiseHealthSystem.com/labor) for more information.
- We ask that any patient arriving to the hospital for a labor check or think that their water has broken, etc., to please call the unit beforehand at **940-626-1229**. We will screen for any signs and symptoms of COVID-19 so that we can be fully prepared to take the best care of you. At this point, we are not canceling any scheduled inductions or cesareans nor do we have plans to implement that.
- If you are scheduled for a procedure such as a cesarean or an induction, you and your designated visitor will receive a phone call the evening prior to admission. We will screen for any signs or symptoms of COVID-19. This will help us prepare for your arrival and provide proper accommodation.
- Certified doulas are considered part of the healthcare team and they will be allowed entry as well for your labor and will also receive a special wristband.

### *Day of Arrival*

- When you arrive at the hospital, you will enter through the Emergency Room doors where you will be screened for any risk factors and/or symptoms of COVID-19. All patients and visitors will be asked to wear a mask.
- At this point, you will be registered at the ER Registration desk – we are working to adapt this process so that we can move you up to your assigned room as soon as possible.
- Using the main elevators in the lobby, you will come to the 2nd floor, turn to your left, where you will see a doorbell. Once you ring the doorbell, the OB team will allow you entrance. If your designated support person leaves the unit after you have been admitted, he/she will need to show the OB team the wristband for reentry.
- We encourage you to use apps such as Facetime to include your other family and friends in the delivery process. Staff may be able to assist depending on availability.
- If you had not considered breastfeeding, we encourage you to think about it during the COVID-19 outbreak. Mother's milk provides important immunities for the baby and has not been shown to transmit the virus. We have breast pumps available if needed. Please feel free to contact our lactation consultant with any questions or concerns at 940-626-1229.
- We strongly encourage you, your support person, and your baby to stay in your room at all times. We are able to perform most procedures in your room, minimizing any potential exposures.
- When it is time for discharge home, we will accompany you and the baby to a designated exit area that will limit you and your baby's exposure to other staff, patients or visitors.

**We realize that this may not be the delivery that you and your birth support person had planned, but our team is here for you every step of the way. We strive to provide the best care possible during your delivery.**

*Thank you!*

